

Recipe Challenge



*Send us your
favorite healthy recipe!*

Healthy recipes will be showcased in the Weekly Newsletter. No limit on recipes submitted. Show us what you enjoy making.

Instructions:

- Take a photo of you with your cooked recipe dish (can just be dish if you do not want to be in the photo)
- Upload the recipe and the photo to the FBC Extension Website

<https://fortbend.agrilife.org/fch/physical-activity/walk-across-texas/>

For questions or more information please contact the office at 281-342-3034 or by email at:
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*The Challenge isn't just about submitting recipes,
it's about trying something new and sharing dishes you enjoy.*