WALK ACROSS TEXAS!



## Recipe Challenge

## Send us your favorite healthy recipe!

Healthy recipes will be showcased in the Weekly Newsletter. No limit on recipes submitted. Show us what you enjoy making.

## Instructions:

- Take a photo of you with your cooked recipe dish (can just be dish if you do not want to be in the photo)
- Upload the recipe and the photo to the FBC Extension Website

https://fortbend.agrilife.org/fch/physical-activity/walk-across-texas/

For questions or more information please contact the office at 281-342-3034 or by email at: Leticia Hardy—lvrolland@ag.tamu.edu or Victoria Zwahr—victoria.zwahr@ag.tamu.edu

The Challenge isn't just about submitting recipes, it's about trying something new and sharing dishes you enjoy.

Texas A&M Agni Life Extension Service provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating