

Extension Happenings

Anger Management

Date: February 9, 2022

Time: 6:00pm

Virtual Program

Deadline: February 7, 2022

Learn how to control aggression and triggers.

Positive Discipline

Date: February 10, 2022

Time: 2:00pm

Virtual Program

Deadline: February 8, 2022

Learn how to utilize tools needed to help teach, guide and discipline your child.

Safety Seat Fitting Station

Date: February 21, 2022

Time: 10:00am & 11:00am

Virtual Program

Deadline: February 17, 2022

Do you need a new car seat? Your child may not be in the correct safety for their age, height, and weight, Learn how to safely secure your child's safety seat. This class will provide you with a new seat.

Emotional Intelligence & Anger Management

Date: February 16, 2022

Time: 6:00pm

Virtual Program

Deadline: February 14, 2022

Learn how to manage, and regulate emotions and the role emotions can play in relationships.

Walk Across Texas Program

Date: February 28, 2022

Time: 10:30am

Virtual Program

Deadline: February 25, 2022

Learn how to get on the journey to a healthier you. Learn how to signup for a team.

Financial Friday

Date: February 25, 2022

Join us every fourth Friday to learn how to enhance your personal finances and improve money saving skills.

<https://fortbend.agrilife.org/fch/financial-fridays/>

Please contact Leticia Hardy by email at lvrolland@ag.tamu.edu or Victoria Zwahr at victoria.zwahr@ag.tamu.edu to register for any session.

Leticia Hardy, MS
Texas A&M AgriLife Extension - Fort Bend County
CEA - Family & Consumer Sciences
1402 Band Road, Suite 100
Rosenberg, Texas 77471
Phone: 281-342-3034
Email: lvrolland@ag.tamu.edu