

Parenting Connections Workshop Schedule

The program is designed to help parents gain the necessary tools to help their children flourish and thrive. Parents will also receive support in the areas of child development, environmental safety and protection, discipline, and anger management. Enrolled participants must complete the entire session in order to receive the credit hours.



The Anger Management & Emotional Intelligence is a 2-part session offering 1.5 hours credit per session. Registration fee of \$25.00 will cover both sessions. Total of 3 clock hours will be award upon completion of both Anger Management sessions. The classes are virtual and begin at 6pm.

Class A: Feb. 9 - Anger Management Session I
Class A: Feb 16 - Anger Management & Emotional Intelligence

Class B: Mar 16 - Anger Management Session I
Class B: Mar 17 - Anger Management & Emotional Intelligence

Class C: Apr 20 - Anger Management Session I
Class C: Apr 20 - Anger Management & Emotional Intelligence

General Parenting courses offer 4 different sessions that can be taking individually or as a series. Registration fee is \$15.00 per session. Total of 1 clock hour will be award upon completion of each session. The classes are virtual and begin at 2 pm.

Jan 27 - Child Growth & Development
Feb 10 - Positive Discipline
Feb 24 - Parent Child Communication
Mar 3 - Building Your Child's Self Esteem

All Classes are currently being held virtually via Microsoft Teams.
Once payment has been made, you will be sent a link by email for the meeting the day before the workshop.

Make checks/money orders payable to : Family & Consumer Sciences Committee

Mail to: Texas A&M AgriLife Extension Service

Fort Bend County, Attn. FCH Dept.

1402 Band Rd., Ste. 100, - Rosenberg TX 77471



Workshops Taught by: Leticia Hardy, MS
Texas A&M AgriLife—Fort Bend County
CEA - Family & Community Health

Please contact Victoria Zwahr at 281-342-3034
or at victoria.zwahr@ag.tamu.edu for registration information.
<https://fortbend.agrilife.org/fch/>

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Please Check which series you are registering for:

\$25.00 _____ Class A: Feb. 9 - Anger Management Session I
Class A: Feb 16 - Anger Management & Emotional Intelligence

\$25.00 _____ Class B: Mar 16 - Anger Management Session I
Class B: Mar 17 - Anger Management & Emotional Intelligence

\$25.00 _____ Class C: Apr 20 - Anger Management Session I
Class C: Apr 20 - Anger Management & Emotional Intelligence

\$15.00 _____ Jan 27 - Child Growth & Development

\$15.00 _____ Feb 10 - Positive Discipline

\$15.00 _____ Feb 24 - Parent Child Communication

\$15.00 _____ Mar 3 - Building Your Child's Self Esteem

Participant Name: _____

Phone: _____

Email: _____

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