



WALK ACROSS TEXAS!

MARCH 15 - MAY 9

Texans Walk the Walk with Walk Across Texas!
Walking is one of the least expensive and easiest ways to get fit. Start now and reduce your risk of cancer, diabetes, heart disease and stroke. Join other Texans and Walk Across Texas! towards a healthier lifestyle.

Virtual Informational Meeting: February 22 @ 12:00 Noon
Microsoft Teams meeting, join on your computer or mobile app
by clicking HERE to join the meeting.

TEXAS A&M
AGRI LIFE
EXTENSION



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